

VCCL Results - David Woods

Member number: 299

Races: 64; Wins: 3 (4.7%); Top Ten: 11 (17.2%)

Active from 2006 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
06/05/2007	Rendina Family Handicap	56	8	34:55	15	3:45		31:10	6:00	4:22
05/08/2007	VCCL John Cleland Handicap	38	8	33:19	25	6:15		27:04	3:19	4:10
23/09/2007	President's Handicap	18	6.5	26:53	25	5:00		21:53	1:00	4:08
30/09/2007	Westgate Bridge Memorial Handicap	18	5	19:32	25	3:45		15:47	1:38	3:54
06/04/2008	Fred Grubb Memorial Handicap	16	6.5	27:00	25	5:00		22:00	1:47	4:09
04/05/2008	17th Annual Social Club Handicap	19	6.5	27:10	25	5:00		22:10	1:05	4:11
07/06/2008	Boutique FPS Handicap	13	5	19:13	25	3:45		15:28	0:36	3:51
14/09/2008	Westgate Bridge Memorial Handicap	26	5	20:03	25	3:45		16:18	1:27	4:01
21/09/2008	President's Handicap	15	6.5	26:52	26	5:10		21:42	1:11	4:08
26/04/2009	Fred Grubb Memorial Handicap	5	6.5	25:35	25	5:00		20:35	0:17	3:56
09/05/2009	Moran Stable Handicap	3	5	18:25	26	3:55		14:30	0:53	3:41
17/05/2009	Rendina Family Handicap	1	8	31:21	26	6:30		24:51	0:00	3:55
06/06/2009	Boutique FPS Handicap	2	5	18:35	21	3:10		15:25	0:04	3:43
21/06/2009	18th Annual VCCL Social Club Handicap	2	6.5	24:30	21	4:10		20:20	0:10	3:46
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	4	5	18:52	21	3:10		15:42	0:14	3:46
23/08/2009	Pinnacle Print Group Handicap	22	8	34:07	21	5:15		28:52	3:46	4:16
05/09/2009	Westgate Bridge Memorial Handicap	8	5	19:00	21	3:10		15:50	0:46	3:48
20/09/2009	President's Handicap	13	6.5	25:33	21	4:10		21:23	1:33	3:56
02/05/2010	Fred Grubb Memorial Handicap	31	6.5	25:54	21	4:10		21:44	2:21	3:59
08/05/2010	Moran Stable Handicap	16	5	18:30	21	3:15		15:15	0:55	3:42
16/05/2010	Rendina Family Handicap	28	8	31:45	21	5:15		26:30	2:20	3:58
23/05/2010	Combined VCCL/GCCC Handicap	24	10	45:33	22	6:40		38:53	7:07	4:33
12/06/2010	Boutique FPS Handicap	16	5	18:47	22	3:25		15:22	0:49	3:45
20/06/2010	Retireinvest Eaglehawk to Bendigo Handicap	50	6.5	25:16	23	4:35		20:41	3:15	3:53
18/07/2010	VCCL 5x3km Relay Challenge	21	3	11:50	24	2:24		9:26	0:54	3:57
25/07/2010	Eric Greaves Memorial Handicap	26	10	41:40	24	7:20		34:20	3:13	4:10
01/08/2010	VCCL Roy McKenzie Legend Handicap	26	5	19:43	25	3:50		15:53	1:43	3:57
14/08/2011	Hash House Harriers Handicap	32	8	33:26	26	6:30		26:56	3:42	4:11
11/09/2011	Westgate Bridge Memorial Handicap	32	5	20:52	26	4:00		16:52	2:34	4:10
28/04/2013	Helmut & Maija Prentler Handicap	36	8	37:50	22	5:30		32:20	6:54	4:44
14/07/2013	Churchill Park Handicap	33	6.5	29:28	24	4:50		24:38	3:57	4:32
21/07/2013	15th Eric Greaves Memorial	34	10	44:21	24	7:20		37:01	4:55	4:26
28/07/2013	Jayen Engineers Woodlands Classic	32	5	20:22	25	3:50		16:32	1:54	4:04
11/08/2013	Parks Victoria Handicap	27	8	34:57	26	6:30		28:27	3:03	4:22
18/08/2013	2nd Kyneton Ridge Estate Winery	14	6.5	26:52	27	5:25		21:27	1:02	4:08
25/08/2013	14th Westgate Bridge Handicap	13	5	19:58	27	4:10		15:48	1:08	4:00
15/09/2013	President's Handicap	26	6.5	28:02	27	5:25		22:37	2:27	4:19
04/05/2014	Fred Grubb & Bob Charlton Memorial	39	6.5	28:12	28	5:35		22:37	3:00	4:20
18/05/2014	Moran Stable Handicap	26	5	20:08	29	4:25		15:43	0:52	4:02
01/06/2014	19th Caruana Cross Country Classic	40	8	33:33	29	7:15		26:18	3:54	4:12
15/06/2014	Flack Advisory Winter Classic	10	6.4	25:30	29	5:50		19:40	0:44	3:59
20/07/2014	16th Eric Greaves Memorial	12	10	40:54	29	8:50		32:04	0:52	4:05
27/07/2014	30th Helmut & Maija Prentler Handicap	1	6.5	25:55	29	5:50		20:05	0:00	3:59
14/09/2014	3rd Kyneton Ridge Estate Handicap	1	6.5	25:05	25	5:00		20:05	0:00	3:52
21/09/2014	Presidents & Ted Paulin Handicap	15	6.5	25:43	20	4:00		21:43	1:31	3:57
01/05/2016	27th Rendina Family Handicap	20	8	32:43	20	5:00		27:43	3:03	4:05
15/04/2018	Jells Park Sealed Handicap	33	6.5	28:20	20	4:00		24:20	5:09	4:22
21/04/2018	AV Cross Country Relays	15	6	25:41	21	3:55		21:46	4:17	4:17
28/04/2018	parkrun	18	5	21:34	21	3:10	0:10	18:14	4:09	4:19
10/06/2018	Caruana Classic Handicap	31	8	37:41	22	5:30		32:11	8:07	4:43

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
16/06/2018	AV Cross Country	16	10	44:33	23	7:00		37:33	6:56	4:27
23/06/2018	parkrun	24	5	21:20	24	3:40	0:40	17:00	3:00	4:16
30/06/2018	parkrun	16	5	20:32	25	3:45	0:20	16:27	1:55	4:06
07/07/2018	AV Road Relays	15	3.1	12:05	26	2:41		9:24	1:10	3:54
15/09/2018	AV Relays	15	3.827	15:05	27	3:15		11:50	0:55	3:56
04/05/2019	AV Cross Country Relays	21	6	25:26	25	4:40		20:46	3:07	4:14
15/06/2019	AV Cross Country	20	10	46:24	25	7:35		38:49	7:44	4:38
21/07/2019	Braeside Handicap	16	10	44:25	26	7:55		36:30	5:13	4:27
21/09/2019	AV Relays	18	3.827	16:00	27	3:15		12:45	1:59	4:11
01/05/2021	AV Cross Country Relays	19	6	26:38	26	4:50		21:48	3:01	4:26
25/06/2022	AV Ekiden Relay	9	5	24:18	27	4:05		20:13	4:01	4:52
23/07/2022	AV Cross Country	11	10	49:45	27	8:15		41:30	8:55	4:59
07/08/2022	AV Road Race	17	10	43:34	28	8:30		35:04	3:27	4:21